



## Grief Support Group



We all have different reactions to the loss of a loved one. No matter what the cause, we are never prepared for the wave of emotions that comes upon us. Wherever you are on your journey, the group is a safe place to support you in finding hope and healing.

**September 11-October 30, 2025**

Thursday Evenings 6:00-7:30 pm  
30A Salmon Kill Rd, Salisbury, CT 06068

Facilitated by Jenn Surdam, LMSW  
Private Practice therapist & Specialist in Grief Therapy

For more information or to register, please call or text Jenn at (959) 901-1333.

*This is a free program for the community from your friends at  
Visiting Nurse & Hospice of Litchfield County.*