

Farmington Valley FREE Blood Pressure & Blood Sugar Testing Clinics

Avon Senior Center

1st & 3rd Thursday 11:30 am - 1:00pm

Avon Public Library

2nd & 4th Tuesday 12:30 -2:00pm

Avon Town Hall

3rd Tuesday 11:30 am - 1:00 pm

Canton Community Center

Every Wednesday 11:30am - 1:00pm

East Granby Community Center

1st Monday

11:00 am -12:00 pm 2nd Monday when 1st is a holiday

Farmington Senior Center

Every Monday, except the 1st 10:00 am-12:00 pm

Granby Senior Center

Every Thursday 11:00 am - 12:30 pm

11:00 am - 12:30 pm

Farmington Valley YMCA

1st & 3rd Tuesday 9:00-11:00 am

First Church Parish House, Hartland

2nd Monday 11:30 am-1:00 pm

New Hartford Town Hall

1st floor 2nd Friday 10:00 -11:00 am

Simsbury Senior Center

ENO Memorial Hall Every Wednesday 11:30 am -1:30 pm

The clinics provide a range of services, including:

- Monitoring blood pressure
- Testing blood sugar levels
- Assessing heart rate
- Conducting pulse oximetry analysis

For additional information, please contact us a **860-379-8561.**

www.vnhlc.org