

# Visiting Nurse & Hospice of Litchfield County

## Blood Pressure Clinics



### Barkhamsted Senior Center

109 E River Rd, Pleasant Valley, CT  
**4th Tuesday of every month**  
12:00 pm - 1:15pm

### Litchfield Community Center

421 Bantam Rd, Litchfield, CT  
**2nd Wednesday of every month**  
10:45-11:45 am

### Bethlehem Memorial Hall

10 The Green, Bethlehem, CT  
**1st Friday of every month**  
11am-12pm

### Sullivan Senior Center

88 E Albert St, Torrington, CT  
**3rd Thursday of every month**  
10:30am - 11:30am  
By Appointment only - call 860-489-2211

### Colebrook Senior Center

2 School House Rd, Colebrook, CT  
**3rd Tuesday of every month**  
8:40 am - 9:40am

### Town Grove

42 Ethan Allen Street, Lakeville, CT  
**1st Thursday of every month**  
12:00-1:00pm

### Goshen Community Care

5 Old Middle St, Goshen, CT  
**1st Tuesday of every month**  
12:30pm - 1:30pm

### Washington Senior Center

80 Holabird Ave, Winsted, CT  
**3rd Wednesday of every month**  
11:00am-12:00pm

### Falls Village Senior Center

107 Main Street, Falls Village, CT  
**1st Thursday of every month**  
10:30am - 11:30am

### Winsted Senior Center

80 Holabird Ave, Winsted, CT  
**2nd Friday of every month**  
11:15am-12:15pm

**FREE**, drop-in,  
and open to  
**all** ages.

#### The Clinic includes:

- Blood pressure
- Heart rate
- Pulse oximetry analysis

Call 860-379-8561 for more information.